



# October Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b> Mini bagel, cereal, yogurt, fruit</p> <p>Ham, au gratin potatoes, salad, pears, dinner roll</p>	<p><b>4</b> French toast, ham, string cheese, fruit</p> <p>Taco in a bag, refried beans, mixed fruit, muffin</p>	<p><b>5</b> Ubr bar, cereal, yogurt, fruit</p> <p>Chicken drumstick, rice, broccoli, pineapple</p>	<p><b>6</b> Breakfast pizza, string cheese, fruit</p> <p>Italian sub, chips, carrots, frozen fruit cup</p>	<p><b>7</b> Donut, cereal, yogurt, fruit</p> <p>Ham and potato soup, pretzel with cheese, celery, apple</p>
<p><b>10</b> Muffin, cereal, yogurt, fruit</p> <p>Chicken strips, potato salad, tomatoes, peaches</p>	<p><b>11</b> Pancake on a stick, string cheese, fruit</p> <p>Turkey bacon wrap, chips, cucumbers, grapes</p>	<p><b>12</b> Flavored bread slice, cereal, yogurt, fruit</p> <p>Hawaiian meatballs, rice, broccoli, pineapple</p>	<p><b>13</b> Early riser, string cheese, fruit</p> <p>Biscuits and gravy, hashbrown, carrots, spiced apples</p>	<p><b>14</b> Uncrustable, cereal, yogurt, fruit</p> <p>Egg salad or tuna sandwich, chips, celery, oranges</p>
<p><b>17</b> Oatmeal bar, cereal, yogurt, fruit</p> <p>Hamburger, smiley potatoes, baked beans, mixed berries</p>	<p><b>18</b> Breakfast burrito, string cheese, fruit</p> <p>Chicken alfredo, bread stick, peas, mixed fruit</p>	<p><b>19</b> Bagel, cereal, yogurt, fruit</p> <p>Chili, cinnamon roll, apple sauce, cheese sticks</p>	<p><b>NO SCHOOL</b></p>	
<p><b>24</b> Cereal bar, cereal, yogurt, fruit</p> <p>Chicken burger, jojo's, mixed veggies, apricots</p>	<p><b>25</b> Waffles, sausage, string cheese, fruit</p> <p>Lasagna, garlic bread, green beans, peaches</p>	<p><b>26</b> Nutrigrain bar, cereal, yogurt, fruit</p> <p>Pork rib sandwich, chips, mixed veggies, oranges</p>	<p><b>27</b> Tornado, string cheese, fruit</p> <p>Fish sticks, au gratin potatoes, beets, pears, cookie</p>	<p><b>28</b> Poptart, cereal, yogurt, fruit</p> <p>Pizza, salad, pineapple, chocolate pudding</p>
<p><b>31</b> Danish, cereal, yogurt, fruit</p> <p>Beef fingers, mashed potatoes with gravy, corn, dinner roll, fruit jello</p>				
<p><b>PLEASE NOTE:</b> Our Menu is subject to frequent change pending available products</p>	<p>~ Fresh fruit and juice are served daily with breakfast</p> <p>~ Milk is served with all meals</p>			