



October Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Protein bars, cereal, granola, yogurt</p> <p>Pulled pork sandwiches, chips, carrots, pears</p>	<p>2 Breakfast burritos, fruit</p> <p>Sloppy Joes, green beans, applesauce, cookies</p>	<p>3 Donuts, cereal, granola, yogurt</p> <p>Chicken nuggets, tater tots, broccoli, oranges</p>	<p>4 Pancakes, sausage</p> <p>Deli ham sandwiches, sun chips, veggie beans, watermelon</p>	<p>5 Cinnamon rolls, cereal, granola, yogurt</p> <p>Pizza, salad, pineapple, cookies</p>
<p>8 Fruit crisps, cereal, yogurt, granola</p> <p>Soft shell tacos, corn mixed fruit, cookies</p>	<p>9 Taco egg wraps, fruit</p> <p>Fish burgers, french fries, carrots, apricots</p>	<p>10 Oatmeal bars, cereal, granola, yogurt</p> <p>Corn dogs, Cheetos, broccoli, mandarin oranges</p>	<p>11 Breakfast pizza, fruit</p> <p>Burritos, cucumbers, peaches, cookies</p>	<p>12 Pop Tarts, cereal, granola, yogurt</p> <p>Hamburgers, JoJo's, baked beans, apples</p>
<p>15 Nutrigrain bars, cereal, yogurt, granola</p> <p>Deli turkey sandwiches, Fritos, broccoli, pears</p>	<p>16 Omelets, fruit</p> <p>Breakfast for Lunch-Pancakes, sausage, carrots, apples</p>	<p>17 Cinnamon rounds, cereal, granola, yogurt</p> <p>Chicken Fajitas, refried beans, pineapple, muffins</p>	<p>18 NO SCHOOL</p>	<p>19 NO SCHOOL</p>
<p>22 Oatmeal bars, cereal, yogurt, granola</p> <p>Burritos, cucumbers, grapes, rice krispie treat</p>	<p>23 Ham and egg sticks, fruit</p> <p>Chicken burgers, tritaters, beets, pineapple</p>	<p>24 PB&J Uncrustables, cereal, yogurt, granola</p> <p>Pork chop sandwiches, chips, corn, peaches</p>	<p>25 Pancakes on a stick, fruit</p> <p>Quesadillas, broccoli, strawberries, brownie</p>	<p>26 Bagels, cereal, yogurt, granola</p> <p>Hot dogs, curly fries, carrots, oranges</p>
<p>29 Fruit crisps, cereal, yogurt, granola</p> <p>Chicken strips, tater tots, celery, sherbet</p>	<p>30 Waffles, sausage</p> <p>Macaroni and cheese, green beans, fruit cocktail, muffins</p>	<p>31 Donuts, cereal, granola, yogurt</p> <p>Deli roast beef sandwiches, chips, carrots, pears</p>		
<p>Menu Subject to Change</p>	<p>~ Fresh Fruit, String Cheese and Juice served Daily with Breakfast</p> <p>~ Milk is served with all meals</p> <p>~ Fresh Vegetables and Salad Bar Available Daily with Lunch</p>			